

**MUNICIPAL INSTITUTION OF HIGHER EDUCATION
«KHORTYTSIA NATIONAL EDUCATIONAL AND
REHABILITATION ACADEMY»
OF ZAPORIZHZHIA REGIONAL COUNCIL**

CONCEPT OF EDUCATIONAL ACTIVITIES

**for the educational and professional program Physical Education and Sport
Specialty 017 Physical Education and Sport,
Field of knowledge 01 Education / Pedagogy,
the first (Bachelor's) level of higher education**

Zaporizhzhia
2019

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| 1 | Code and name of the specialty, field of knowledge | 017 Physical Education and Sport, 01 Education/Pedagogy |
| 2 | Higher education level | first (Bachelor's) level of higher education |
| 3 | Indicative list of specializations and educational programs | Coaching activities in the chosen sport Physical education and sports Physical education Management in sports activities Fitness and Recreation Olympic sports and education etc. |
| 4 | Total number of ECTS credits and term of study | 240 ECTS credits, 3 years 10 months. The institution of higher education has the right to recognize and accept ECTS credits received in the framework of the previous educational program of preparation of junior bachelors (junior specialists): - specialty 017 Physical Education and Sport no more than 120 ECTS credits; - no more than 60 ECTS credits in other specialties. A minimum of 50% of the volume of the educational program should be directed to the provision of general and special (professional) competences in the specialty defined by the standard of higher education |
| 5 | Professional standards to be followed in the process of training (if any) | Higher Education Standard in Specialty 017 Physical Education and Sports for the first (Bachelor's) level of higher education. Approved by the order of the Ministry of Education and Science of Ukraine No. 567 of April 24, 2019 |
| 6 | The list of basic competencies * that a higher education applicant should acquire | <i>Integral competence</i> The ability to solve complex specialized problems and practical problems in the field of physical education and sport or in the process of education, which involves the application of theories and methods of the sciences of physical education and sport field, characterized by the complexity and ambiguity of conditions. <i>General Competencies (GC):</i> 1. The ability to learn and master modern knowledge. 2. The ability to realize their rights and responsibilities as a member of society, to be aware of the values of civil (democratic) society and the need for its sustainable development, the rule of law, human rights and freedom of Ukrainian citizens. 3. The ability to preserve and enhance the moral, cultural, scientific values and enrich the achievements of society on the basis of understanding the history and developmental |

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| | <p>patterns of the subject area, its place in the general system of knowledge about nature and society and in the development of society and technology.</p> <ol style="list-style-type: none"> 4. The ability to work in a team. 5. The ability to plan and manage time. 6. The ability to communicate in the state language, both orally and in writing. 7. The ability to communicate in a foreign language. 8. Information and communication technology skills. 9. Interpersonal skills. 10. The ability to be critical and self-critical. 11. The ability to act on the basis of ethical considerations (motives). <p><i>Special (specialized, subject) competences:</i></p> <ol style="list-style-type: none"> 1. The ability to ensure the formation of physical culture of an individual. 2. The ability to conduct training and accompany the participation of athletes in competitions. 3. The ability to organize health and recreational motor activity of different population groups. 4. The ability to identify physical rehabilitation activities and forms of adaptive sports for those who need them. 5. The ability to promote human health through the use of physical activity, nutrition and other factors of a healthy lifestyle. 6. The ability to understand the retrospective of the formation of the sphere of physical education and sports. 7. The ability to apply knowledge of the structure and functioning of the human body. 8. The ability to perform biomechanical analysis of human motor activities. 9. The ability to provide pre-hospital care for emergencies. 10. The ability to carry out training, education and socialization of a person in the field of physical education and sport, using different pedagogical methods and techniques. 11. The ability to analyze the manifestations of the human psyche engaged in physical education and sports. 12. The ability to use sport facilities and special equipment. 13. The ability to apply modern technologies of managing subjects in the field of physical education and sports. |
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| | | 14. The ability for continuous professional development. |
| 7 | The normative content of the bachelor's training provided in terms of learning outcomes | <p>1. Carry out the analysis of social processes in the field of physical education and sport; demonstrate own vision of the ways of solving existing problems.</p> <p>2. Communicate in Ukrainian and foreign languages in the professional environment; have the knowledge of professional terminology and professional discourse; adhere to the ethics of business communication.</p> <p>3. Be able to process data using modern information and communication technologies.</p> <p>4. Demonstrate self-employment skills; demonstrate critical and self-critical thinking.</p> <p>5. Acquire new professional information; evaluate and present their own experience; analyze and apply the experience of colleagues.</p> <p>6. Have basic knowledge of conducting studies of physical education and sports; be ready to prepare scientific work.</p> <p>7. Carry out training of motor activities and develop motor qualities of a person using various forms of organization of physical exercises.</p> <p>8. Carry out measures on preparation of sportsmen; organize and carry out sports competitions.</p> <p>9. Demonstrate willingness to promote personal and public health through the use of motor activity and other factors of healthy lifestyles, and provide explanatory work with various populations.</p> <p>10. Evaluate the physical activity of a person and his/her physical condition; prepare and implement the programs of conditioning training; organize and carry out physical and health measures.</p> <p>11. Substantiate the choice of measures for sports, rehabilitation and adaptive sports.</p> <p>12. Analyze the processes of formation and development of different directions of sports, Olympic movement and Olympic education at the international and national levels.</p> <p>13. Use the mastered skills of the popular types of motor activity oriented on healthy lifestyle.</p> <p>14. To apply knowledge of anatomical, physiological, biochemical, biomechanical and hygienic aspects of physical education and sport in professional activity.</p> <p>15. Determine the functional state of a human body and justify the choice of means of</p> |

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| | | <p>preventing the overstrain of body systems of people engaged in physical education and sports.</p> <p>16. Provide pre-medical care for urgent conditions and pathological processes in the human body.</p> <p>17. Know and understand the nature, principles, methods, forms and organization of the process of education and upbringing.</p> <p>18. Analyze the mental processes, conditions and properties of a person engaged in physical education and sports.</p> <p>19. Manage decisions to solve problems that arise in the work of subjects of physical education and sports; have leadership skills.</p> <p>20. Use normative and legal acts regulating professional activity.</p> <p>21. Apply theoretical knowledge to solve practical problems and interpret the results in a meaningful way</p> |
| 8 | Indicative list of professional qualifications to be provided | <p>Bachelor of Physical Education and Sport in specialization (specify specialization name, if applicable)</p> <p>Qualification in the diploma Higher Education Degree - Bachelor Specialty - 017 Physical Education and Sport Specialization - (specify the name of specialization if available) Educational Program - (specify the program name)</p> |
| 9 | Requirements for the level of education of people who can start training | Complete secondary education |
| 10 | The procedure for evaluating learning outcomes | <p>Types of control: ongoing, thematic, periodic, final, self-control, etc.</p> <p>Forms of control: testing, oral and written questioning, defense of practical tasks, practice reports, oral and written examinations, qualification exams, etc.</p> <p>Cumulative scoring system.</p> <p>Assessment of students' academic achievement is carried out according to the national scale (excellent, good, satisfactory, unsatisfactory); credited / not credited; 100-point scale and ECTS scale</p> |
| 11 | Restrictions on forms of study | Training is provided only in full-time form of study |
| 12 | Description of the subject area | <p>Objects of study and activity: the field of physical education and sport.</p> <p>Learning objectives: to train professionals who are able to solve complex specialized tasks</p> |

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| | | <p>and practical problems characterized by the complexity and ambiguity of conditions during professional activity in the field of physical education and sports or in the process of training.</p> <p>Theoretical content of the subject area: paradigms, concepts, theories of physical education and sport; social sciences and the humanities; pedagogy and psychology; basics of anatomy, physiology, biochemistry, hygiene, sports medicine; general health theory, healthy lifestyles.</p> <p>Methods, techniques and technologies: general scientific methods of cognition and research; observation, questioning, testing and measurement in physical education and sport; verbal, visual and practical methods of physical education and sports training; technologies of organization and carrying out of fitness, health and sports events; provision of pre-hospital care; information and communication technologies.</p> <p>Tools and equipment: modern information and communication equipment; specialized software; gymnastic equipment and tools.</p> |
| 13 | Academic rights of graduates | <p>Graduates have the right to continue their studies at the second (Master's) level of higher education. They can also acquire additional qualifications in the system of postgraduate education.</p> |
| 14 | Staff | <p>Training of specialists of the first (Bachelor's) level in the educational-and-professional program Physical Education and Sport in the specialty 017 Physical Education and Sport at Khortytsia National Academy is carried out by scientific-pedagogical staff of the Faculty of Rehabilitation Pedagogy and Social Work.</p> <p>The share of scientific-pedagogical workers with scientific degrees and academic titles, who conduct lectures of general and vocational training cycles is 100%.</p> <p>Specialist training of professionals in the educational-professional program Physical Education and Sport in the specialty 017 Physical Education and Sport will be carried out by the Department of Physical Rehabilitation (degree-granting department), which employs qualified teachers: Sergata N.S., Candidate of Sciences in Physical Education and Sport, Associate Professor; Odynets T. Ye., Doctor of Science in Physical Education and Sport, Professor; Baryshok T.V.,</p> |

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| | | <p>Candidate of Sciences in Physical Education and Sport, Associate Professor; Bandurina K.V., Candidate of Sciences in Physical Education and Sport, Associate Professor; Volkova S.S., Candidate of Pedagogic Sciences, Professor.</p> <p>Associate Professor Baryshok T.V. is a member of the Scientific and Methodological Commission (Sub-Commission) of the Higher Education Sector of the Scientific and Methodological Council of the Ministry of Education and Science of Ukraine in training seminars on the development of higher education standards.</p> <p>Members of the staff are actively attending international and all-Ukrainian trainings. Bandurina K.V. and Baryshok T.V. participated in the international training “Mulligan concept”. Associate Professor Baryshok T.V. provided the translation into English for the Mulligan concept trainer Joseph Anderson (a physical therapist, member of the International Association of Teachers Mulligan, President of MWM in Europe). The members of the staff use the obtained knowledge and skills in practical classes, which helps to improve students' knowledge.</p> <p>The staff of the department have a high level of scientific training and scientific analysis of the phenomena of physical education and sport, as well as clear methodological positions.</p> |
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